



# SENCO NEWSLETTER

## Welcome

Welcome to the first SENCo newsletter! This will be published every half term and will contain information related to SEND (special educational needs and disability) at Holy Trinity. Please let me know of anything that you'd wish to see in the next SENCo newsletter! Mrs Driver- SENCo

## Overview of the Half-Term

It has been a wonderful start to the year, with everyone settling into their new classes. I have enjoyed getting to know lots of children and parents over this half term. If you would like to make an appointment to speak with me and discuss your child's needs the best way to do this is to contact me via email on

[k.driver@holytrinitycofe.lancs.sch.uk](mailto:k.driver@holytrinitycofe.lancs.sch.uk). My working days in school are Tuesday and Wednesday.

I will also be available on Parents Evening to speak with if you have any questions.

For families that use Break Time, registration opens on 21/10/2024.

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### Key dates

#### October

ADHD Awareness Month

Sensory Awareness Month

12/11/24- Odd Socks Day (Anti-Bullying Week)

12/11/24- Parents Evening (2:30-6pm)

## A Focus on: Sensory Processing

Sensory processing is a term that describes the difficulties that some people experience when processing information from the brain to the senses. Research shows that 20% of school aged children have sensory processing difficulties that impact on their ability to do everyday things.

Children do not need to have a diagnosis to experience sensory processing difficulties although they are commonly seen with conditions such as ADHD, ASD, dyspraxia and mental health difficulties.

There are 8 sensory systems that the body can be over or under responsive to. The first 5 are well known to us (smell, taste, sight, hearing and touch). In addition to this, sensory processing can also affect proprioception, vestibular and interoception.

It is important for us to be aware that behavioural problems may actually be sensory overload in disguise. By understanding the 8 systems and knowing how to recognise over/under responsiveness, we can support SEN children to regulate their sensory systems and develop strategies that work for them.

I have included information about the 8 systems on the next page. If you would like any advice on supporting your child's sensory needs, please email me on [k.driver@holytrinitycofe.lancs.sch.uk](mailto:k.driver@holytrinitycofe.lancs.sch.uk).

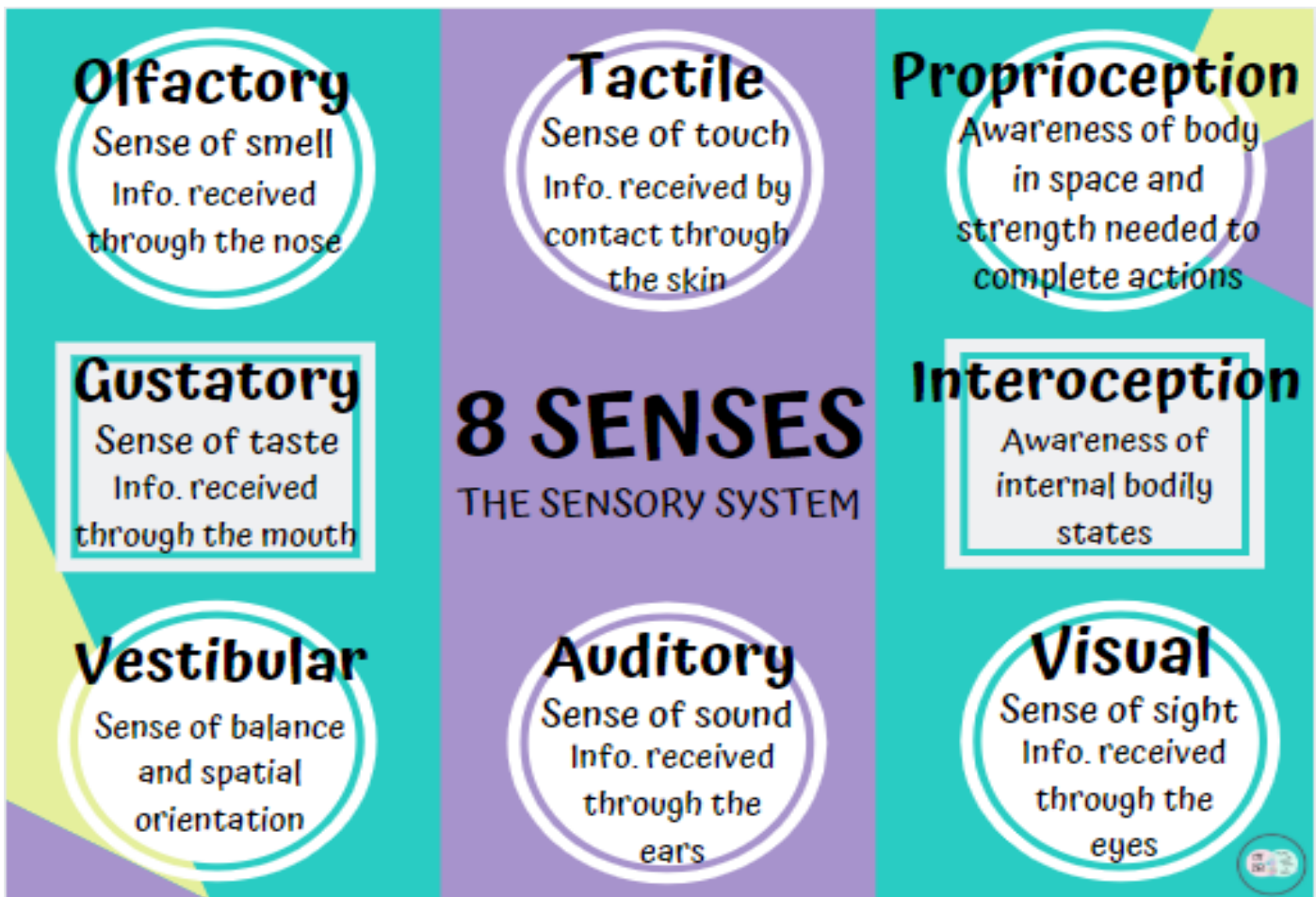
## USEFUL CONTACTS

Lancashire SENDIASS- 0300 123 6706 - [information.lineteam@lancashire.gov.uk](mailto:information.lineteam@lancashire.gov.uk)

Lancashire SEND Helpline- 01772 533900

Lancashire Local Offer: [www.lancashire.gov.uk/children-education-families/special-educational-needs-and-disabilities/](http://www.lancashire.gov.uk/children-education-families/special-educational-needs-and-disabilities/)

ADHD North West: 01254 886886 - [reception@adhdnorthwest.org.uk](mailto:reception@adhdnorthwest.org.uk)



## How Dysregulation Leads To a Meltdown

